Maintenance of SM Ventilation System

GMT	Crew	Activity
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30	FE-1	BREAKFAST
06:40-07:10	CDR	PROFILAKTIKA: blood test
07:10-07:30		BREAKFAST
07:30-07:50		Prep for work
07:50-08:05		Daily planning conference (S-band)
08:05–09:05		CheCS medical contingency training
09:05–10:05	FE-1	File server/ SSC1 troubleshooting
09:50–12:05	CDR	PROFILAKTIKA: TVIS test, data downlink from CARDIOCASSETTE-2000
10:05–10:40	FE-1	WMK sample analysis (T+2)
10:40–10:45		DCP power cable disconnect
10:45–11:10		PROFILAKTIKA: assist
11:10–12:10		Physical exercise (CEVIS)
12:04–12:10	CDR	Tagup with Boris Morukov
12:10–13:10		LUNCH
13:10–16:20	CDR	Maintenance of SM ventilation system (group B)
13:45–14:00	FE-1	SSC reconfig for Airlock BCA
14:20–14:40		EMU battery discharge
14:50–15:10		Transfer of WMK sample data to MEC
15:15–15:40		InSpace tagup (S-band)
16:00–16:15		SSC reconfig
16:20–16:40	CDR	ACY hose changeout
16:40–17:00		Maintenance of СОЖ
16:25–17:55	FE-1	Physical exercise (RED)
17:00–17:40	CDR	IMS file prep
17:40–17:45		PLANTS-2: data downlink
17:45–17:50		Inspection of БРПК-1 separator
17:55–18:15		CB/ISS-7 crew conference (Kent Rominger) (S-band)
18:15–18:45		Daily plan review
18:45–19:15		Prep for work
19:15–19:30		Daily planning conference (S-band)
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

Note: See OSTP for references to US procedures Task List : CDR : Life on ISS video

End of radiogram